

The little guide to activities

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History of the Sainte-Barbe Hôtel & Spa – MGallery Collection

Perched at the entrance to the port of Le Conquet, between the Kermorvan Peninsula and the Pointe du Renard, the Sainte-Barbe Hôtel boasts a rich and fascinating history. The original building, constructed in the 18th century, was a modest military house strategically positioned at the tip of Finistère and used by the French Navy.

Overlooking the Iroise Sea, the building offers a breathtaking view of the Breton islands of Quéménès, Béniguet, Molène, and Ouessant. A silent witness to changing times, it has managed to retain its authentic charm and distinctive maritime character.

In 1891, Guillaume Quiniou purchased the property and transformed it into an inn, providing a welcoming refuge for sailors and travelers drawn to the wild beauty of the Breton coast. Over the decades, the inn changed hands several times, yet its spirit of hospitality remained constant.

Between the First World War and the 1970s, the establishment underwent two major phases of expansion—first outward on both sides, then toward the sea. In 1990, architect Philippe Jean embarked on a bold new extension, projecting a concrete structure out over the ocean. The project sparked heated debate among locals, some of whom felt it clashed with the traditional landscape.

The hotel closed in 2006 due to the absence of a buyer. A real estate project emerged in 2008, but the global financial crisis prevented its completion. It wasn't until 2013 that two Breton entrepreneurs, Guy Diquelou and Jean-Marie Chapalain, recognized the site's potential and decided to acquire it. Three years of planning were followed by another three years of construction, once again entrusted to architect Philippe Jean to ensure continuity with his 1990s extension.

Now fully renovated and enhanced, the Sainte-Barbe officially reopened its doors in May 2019, once again welcoming guests. With its distinctive architecture—a long-time subject of discussion in Le Conquet—the hotel has become a true landmark on the coastline. Its 360-degree exposure offers guests an exceptional panoramic view over the Iroise Sea and its islands.

The name "Sainte-Barbe" pays tribute to the patron saint of mariners, highlighting the deep connection between the establishment and the maritime history of the region.

Today, the Sainte-Barbe Hôtel features 34 rooms, two panoramic bars—"La Rotonde" and "Le Rooftop"—a restaurant called "La Corniche", and a Marine Spa, all open year-round to provide a unique experience between land and sea.

Located in Le Conquet, a charming town of 2,800 residents just 30 minutes from Brest, the hotel blends seamlessly into an authentic setting marked by fishing traditions and the rugged beauty of the Breton coast. Crossed by the GR34 coastal trail and situated on the Lighthouse Route, Le Conquet is a favorite stop for sailors, hikers, and travelers seeking a change of scenery.

Restaurants

La Corniche, our bistronomic restaurant

Thanks to its prime location just a stone's throw from the harbor, the finest seafood products are featured directly on the restaurant's menu. Our chef has built close relationships with local fishermen, producers, and artisans.

Seafood platters, lobsters, premium fish...

Embark on a journey through a collection of flavors that will reveal the best of Brittany.



From Wednesday to Sunday

12:00 PM to 2:00 PM and from 7:30 PM to 9:00 PM



Creperies

- Louise de Bretagne

Monday to Sunday, 12 noon to 9.30pm



Le Conquet - 8 minutes walk

- Crêpe Dantel

Sunday to Thursday 12pm to 9pm



Pointe Saint Mathieu- 8 minutes by car

- Laer Mor

Tuesday to Sunday 12 noon to 2pm and 7pm to 9pm



Le Conquet - 8 minutes walk

Bistronomic

- Bistro 1954

Monday to Sunday 12 noon to 2pm and 7pm to 10pm



Pointe Saint Mathieu- 8 minutes by car

Traditional

- Ar Dagenta

Wednesday to Sunday 12 noon to 2pm and 7pm to 10pm



Le Conquet - 10 minutes walk

- Le Relais du Vieux Port

Monday to Sunday 12 noon to 2pm and 7pm to 9pm



Le Conquet - 8 minutes walk

- Taverne de Kermorvan

Wednesday to Sunday 12 noon to 2pm and 7pm to 9pm



Le Conquet - 7 minutes walk

Gastronomic / Starred

- Gastronomic restaurant at the Hôtellerie de la Pointe Saint Mathieu 

Wednesday to Sunday 12 noon to 1.30 p.m. and 7.15 p.m. to 8.30 p.m.



Pointe Saint Mathieu- 8 minutes by car

Practical information

The markets

Tuesday: Le Conquet - 7 minutes walk

Wednesday: Plouzané - 18 minutes by car

Thursday: Lampaul Plouarzel - 22 minutes by car

Friday: Ploumoguér - 13 minutes by car

Saturday: Saint-Renan - 20 minutes by car

Sunday: Plougonvelin - 12 minutes by car



578 Place Llandeilo - Le Conquet -
9 minutes walk



- Utile du Conquet : 1 place Charles Minguy - 4 minutes by car
- Plougonvelin Intermarché: Rue du Stade - 11 minutes by car



- Pharmacy: Place de Llandeilo, Le Conquet
- Medical centre: 15 rue Louis Pasteur, Le Conquet
- Hospital: Cavale Blanche, Boulevard Tanguy Prigent, Brest & Morvan 2 Avenu Foch, Brest (children)



Blanche Hermine VTC is our partner for your journeys during your stay.
Enjoy fixed and competitive prices in electric vehicles for your transportation.
Feel free to contact the reception for any booking requests.



To buy freshly caught fish directly from the port of Le Conquet, you can call this number:
06 85 55 40 76.

An answering machine will tell you what species are available and when the boat will arrive.



Port du Conquet

A moment for yourself



Yoga and meditation

Take a moment for yourself.

Yoga mats and meditation cushions are available on request from reception.

Treat yourself to a wellness break, refocus, breathe... and make room for mindfulness at any time of day.



Mindfulness walking on the GR34



Passing through the commune of Le Conquet, the GR34 offers a privileged route where the Iroise Sea and islands such as Ouessant and Molène are revealed from a spectacular angle. Following this path, you can enjoy breathtaking views of the cliffs, wild beaches and moors. Take the time to recharge your batteries as you explore.



Sunset Apéro

Take a break for an aperitif and enjoy a sunset from Portez beach or the Presqu'île de Kermorvan.

Seize this memorable moment!

Information and bookings at reception

The islands of the Iroise Sea

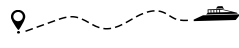
The islands of Ouessant and Molène, at the tip of Brittany, are a real natural jewel for lovers of the sea and wild landscapes. You'll discover a unique heritage, with lighthouses, traditional granite houses and coastal paths to explore. Far from the hustle and bustle of the mainland, Ouessant and Molène invite you to unwind, relax and enjoy adventure. Whether you're a nature lover, a history buff or just looking for some peace and quiet, they're sure to meet all your expectations.

- Getting to the islands

Shipping company: Pen Ar Bed
Departure: Le Conquet pier
Crossing bookable at hotel reception

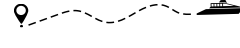
Before you leave, remember to withdraw cash on the mainland. Withdrawing cash on the islands can be difficult due to the number of cash dispensers (1 to 2 per island).

Le Conquet



35 minutes

Molène



40 minutes

Ouessant



Tip: don't forget sun cream and warm clothing for the crossing

Molène

Take the time to 'LIVE Molène'!... There are those who say 'I know Molène' and those who say 'I know Molène well'... Even if, because of its small size, it's possible to tour the island in just a few minutes during the day, you won't be able to fully appreciate the island unless you take your time... Time to discover its heritage, its history, its environment... time to talk to its inhabitants, its shopkeepers, its craftsmen, its fishermen...



What to visit in Molène

The sheltered port and the Roussin shelter
The church of Saint Ronan
The semaphore
The Drummond Castle
The dry stone walls

Where to eat in Molène ?

Ô Caillou
Crêperie E TI AN GLESKER
Au vent des îles

Reservation strongly recommended

Recommended length of stay: 1 day

Bicycles and scooters are not permitted on the island. Molène is best visited on foot

Ouessant

Situated in the heart of the Armorique Regional Nature Park, the Marine Nature Park and the UNESCO Biosphere Reserve of the Iroise Islands, Ushant boasts some original natural environments. Steep cliffs, seagrass and moorland, wooded valleys and a cool, rough sea are all home to a rich and fragile biodiversity. If you are observant, attentive and patient, you will be able to discover the full range of nature on Ushant.

What to see / What to do

Visit to the market town of Lampaul
The sheep of Ushant
La Pointe du Pern
La Pointe de Porz Men
Penn ar Ru Meur
The windmills of Ushant
Port d'Arlan



Where to eat in Ouessant ?

Ty Corn
O'STIFF
Le Roc'h Ar Mor
Le Fromveur
Crêperie du Stang

Reservation strongly recommended



Hire bikes

La Bicyclette : 0680709495
Ouessantcycles : 0681891141
Cycl'évasion : 02988515

Recommended time on site: 1 day minimum, ideally 2 days

It is advisable to hire a bike on site to make the most of the island.



Ribines experience

Ribine Expérience offers guided tours of Plougonvelin and Le Conquet. Your guide Loïc is a native of the region who will help you (re)discover the natural beauty, history and legends of this end of the world. Ribine Expérience invites you to get off the beaten track and discover Brittany in an original, authentic and friendly way.



- Visit to Le Conquet



Le Conquet has had an eventful history, with years of prosperity and hardship shaping the charm of this small town with character. Discover the exceptional stories hidden behind these old stones.

Duration: 1H15

Price: €12 per person

Free for children under 12

Bookings available at reception

- Visit to Pointe Saint-Mathieu

The Pointe Saint Mathieu is mentioned in books dating back 2,000 years and is an exceptionally rich heritage site. In a highly concentrated area, the Pointe Saint Mathieu opens a window onto Brittany, its turbulent history, its maritime life and its eternal legends. This tour will give you a glimpse of the history hidden behind the splendour of this end of the world.

Duration: 1H15

Price: €12 per person

Free for children under 12

Bookings can be made at reception.



Hiking with Terre d'Ecume

Terre d'écume offers wellness and nature hikes in Iroise, from Sainte Anne du Portzic to Porspoder, with most of the trails between the Petit Minou lighthouse and the Kermorvan lighthouse.

Fanny, your guide, offers a range of activities in addition to hiking:

Afghan walking, bird watching from the trail, and meditative walking. These are available as half-day, full-day, and multi-day packages.



- ## Afghan walking

Walk along the slopes of the Iroise alongside your guide to experience this technique, which will help you manage your physical effort while walking. You will also work on body awareness, recovery, and a sensory and conscious approach to the surrounding nature.

*Price: €40 per person for half a day
Children are not accepted - Information and reservations available at reception*



Discover the coasts of the Iroise

Sea by bike



- Bike hire

Set off on an adventure from our seaside hotel in Le Conquet with our electric bikes! Hop on one of our electric bikes and set off to explore the coastal paths, wild beaches, picturesque port of Le Conquet and typical villages of the region. Whether you're a fan of leisurely rides or curious about nature, enjoy a completely free, effortless ride in the fresh air.

Half-day rate: 22 euros

Full-day rate: 28 euros

Bookings at reception

- Guided bike ride

Want to get off the beaten track? Take a ride on an electric Fatbike through wild nature and Brittany's heritage at the end of the world. An adapted route, between land and sea, where the most beautiful sites of the cultural and maritime heritage of the Iroise will be presented to you along the way.

An immersion guided by two enthusiasts:

Lionel, a former sailor from Le Conquet and founder of Trankillou, will be cycling with you, sharing his love of the region through anecdotes, nature and heritage.

Loïc, from Ribine Expérience, a professional local guide, will share his passion for the Pays d'Iroise at each of the emblematic sites he visits.

When: every Sunday at 2.30pm

Departure: Plougonvelin Tourist Office

Duration: 3.5 hours

Price: €89 per person

Accessible to anyone over the age of 14 who knows how to ride a bike.



Les plages Pavillon-Bleu

Staying at our hotel means choosing excellence in a protected natural setting. In the immediate vicinity of our hotel, you'll find three of France's 388 Blue Flag beaches. This local pride reflects our region's exemplary commitment to environmental protection.



The Pavillon Bleu label is awarded every year to beaches and harbors that meet rigorous criteria. This label guarantees our visitors a well-kept, safe environment that respects nature.

As a Clé Verte hotel, we fully share these requirements.

This label testifies to our commitment to reducing our ecological impact on a daily basis, and we are happy to offer you a stay in harmony with the environment, both in our establishment and on the beaches you will have the pleasure of discovering just a few minutes from the hotel.

- *La Plage des Blancs Sablons*

This 2.5 km long sandy beach is ideally located in a wild, unspoilt setting. Facing north-west, it's the ideal terrain for board sports enthusiasts. From Blancs Sablons, you'll have a magnificent view of the Kermorvan peninsula and, in particular, the Fort de l'Ilette.

- *La plage de Portez*

Well sheltered from the wind, it's the ideal spot for families.

There is an access ramp to the beach for people with reduced mobility. From Portez beach, you'll have a breathtaking view of Pointe des Renards.

- *La plage de Pors Liogan*

Pors Liogan beach is also located along the GR34 tourist route between Le Conquet and Pointe Saint Mathieu.

Facing Rue Surcouf, it offers quick access to the picturesque little market town of Lochrist.

Marine Park walks



Philippe Carrère has sailed all his life, and after exploring almost every sea on the globe, he has chosen to drop anchor at Le Conquet. His passion and in-depth knowledge of this corner of paradise will make a unique and unforgettable experience. Keep your eyes peeled at as you sail along, and you might be lucky enough to catch a glimpse of seals or dolphins to make the moment even more magical...

- **Marine Park Discovery Walk**

A trip on a comfortable and safe boat from Le Conquet, to discover the riches of the Iroise Sea Marine Park, marine mammals, islands with turquoise waters and lighthouses at sea.

Duration: 2H00

Price: €70 per adult (+15 years) and €50 per child

Bookings can be made at reception.

- **Walk on the island of Molène**

Tour of the Marine Park followed by a stopover on the island of Molène

Duration: 4H30

Price: €80 per adult (+15 years) and €50 per child

Picnic or restaurant reservation required

Can be booked at reception



The Iroise Sea on water

- Cap Iroise evasion

Cap Iroise Évasion offers you cruises in the Iroise Sea from Le Conquet, aboard a brand new 12-seater RIB. Your skipper, Ben, is a native of the area, with many years' experience as a marine guide and former fisherman. He will liven up your trip with his comments and captivating anecdotes steeped in history.

Prices from €35 for children and €55 for adults.

Information at reception or on 06 80 18 84 98.



Port du Conquet 29217 Le Conquet
06 80 18 84 98

- Metavoile



Come aboard the sailing yacht DOCAT and discover the Iroise Sea. Whether you're a beginner or an amateur, interested in sailing, fishing or life at sea, the two crew members will be delighted to share these experiences with you.

Capacity: 5 passengers and 2 crew.

From 239 euros for the whole boat.



Plougonvelin - 10 minutes by car
07 69 51 65 85

At the heart of the Lighthouse Route

The highest concentration of lighthouses in the world can be found in the Iroise Sea, so let yourself be guided!

- The Saint-Mathieu lighthouse



The Pointe Saint-Mathieu lighthouse dominates the Atlantic Ocean with its imposing silhouette. Built in the 19th century, this emblematic lighthouse is part of an exceptional site, with its steep cliffs and sea views. As well as its maritime function, the lighthouse is also steeped in history, with the ruins of a medieval abbey adding to the landscape. From its platform, you can admire the vast expanse of sea and, on a clear day, see the Molène archipelago. It's a must-see for lovers of nature, history and grandiose landscapes, offering a breathtaking spectacle on every visit.



Pointe Saint Mathieu- 8 minutes by car or 1 hour's walk
Height: 37 metres - 163 steps

Lighthouse at sea The lighthouse of the black stones

Off the coast of Pointe Saint-Mathieu, the Pierres Noires lighthouse has stood watch for 150 years. Visible from the mainland, it reveals the secrets of its construction during sea tours.



- Kermorvan lighthouse

You should see how the locals talk about it! "Walking to the Kermorvan lighthouse is already a bit like taking to the open sea. The Presqu'île juts out into the sea, offering magnificent views of the Molène archipelago, the Blancs Sablons cove, the port of Le Conquet and its ria. The lighthouse stands guard at the end of a rocky point washed by the currents. When I get there, I feel like I'm on the bow of a ship! Laura, conquétoise.



📍 *Le Conquet - 20 minutes by car or 48 minutes walk*

Height : 20.35 metres - 77 steps

- The Trezien lighthouse



The Trezien lighthouse is an iconic lighthouse that watches over the rough waters of the Iroise Sea. Built in the 19th century, it stands proudly a few kilometres from the tip of Île-Molène, offering an uninterrupted view of the wild landscapes of Brittany. It is the highest lighthouse on the Iroise. As well as its maritime function, the area around the lighthouse is a haven of peace, with its moorland and steep coastline ideal for walkers.

📍 *Le Conquet - 20 minutes by car or 2h15 walk*

Height : 37 metres - 182 steps

BREST

Nicknamed the 'City of the Ponant', Brest is one of Europe's maritime capitals and, above all, one of France's most beautiful harbours.

Always open to the world, thanks to its large military and commercial port, Brest has a rich and turbulent history. The only remaining reminders of its past are its castle. Unfortunately, the town suffered the disasters of the Second World War.

- The National Maritime Museum

Housed in the Château de Brest, just off the city centre, the museum is dedicated to the great adventure of the Brest Arsenal and the French Navy. You'll find many sculptures, paintings, objects and equipment dedicated to the navy, even today. The museum's exterior is just as impressive, as it is housed inside an old fortified castle, a mythical fortress dating from the Middle Ages, similar to the one found in Southern Burgundy. For the record, this famous castle is one of the monuments that survived the 1944 bombing raids that ravaged Brest during the Second World War.



Château de Brest - 40 minutes by car

- Océanopolis



Visit Océanopolis, the National Centre for Scientific Culture dedicated to the Ocean, one of France's largest aquariums in Brittany! Its faithfully recreated aquariums are among the finest in France. Discover numerous species, both rare and common: invertebrates, fish, marine mammals... and enjoy a captivating experience of the aquatic world.



Port de plaisance du moulin blanc - 45 minutes by car

BREST

- L'atelier des Capucins

Les ateliers des Capucins in Brest is a must for lovers of culture and innovation. Formerly an industrial site devoted to shipbuilding, this space has been completely renovated to become a centre for creation and culture. Today, the Atelier des Capucins hosts exhibitions, artistic events and collaborative projects, while offering spectacular views over the city and its port. This dynamic, modern venue also houses a media library, a virtual reality centre and various spaces for creativity and innovation. It's a place where industrial history meets contemporary art, perfect for an enriching and original visit when you're in Brest.



 26 rue du Pontaniou 35 minutes by car

- Other ideas for discovering the Cité du Ponant

The Parc de la Penfeld is a pleasant place for a stroll along the water's edge. The Port de Commerce area is a lively place with cafés, restaurants and a beautiful view of the port. You can also explore the Explorers' Garden, a green space with a view over the city. The Musée des Beaux-Arts displays a variety of works of art, while the historic Tour Tanguy offers an interesting view of Brest.

If you're in town during the summer, the Plage du Moulin Blanc is a great place to enjoy the water and sand. Breton specialities such as crêpes and cider can be enjoyed in local restaurants.



In Family

- La récréée des trois curés

Treat yourself to an outing with family or friends to Brittany's largest amusement and leisure park in Finistère, just 10 minutes from Brest.

Young and old alike can enjoy themselves at the La Récré des 3 Curés theme park, where everything has been designed for fun: numerous rides, outdoor play areas, indoor play areas, thrill rides, pedalo rides on the lake... Not forgetting Le Vertika! A roller coaster unique in France and worthy of the biggest theme parks! Thrills guaranteed!

Price: €23 for children aged 12 and over, €19.50 for children under 12 and free for children under 1 metre.



 Les 3 Curés, 29290 Milizac - 30 minutes by car


- Bertheaume Iroise Aventure

Come and challenge your courage on the 'Accrorocher' course, climb rocks, cross suspension bridges and enjoy the unique experience of zip-lining over the Iroise Sea! An exceptional setting with a breathtaking view of the sea, all in complete safety thanks to a continuous lifeline system.

Prerequisites: 9 years and 1.40 m.

Price: €20



 Fort de Bertheaume 29217 Plougonvelin
15 minutes by car


Museums

- La Maison de l'Algue

The Maison de l'Algue invites you to discover the fascinating world of seaweed, essential to both the local ecosystem and Breton culture. Located in Europe's leading seaweed unloading port, the Maison de l'Algue offers an immersive, interactive tour. You can explore exhibitions on the harvesting of seaweed, its many uses in cooking, cosmetics and design, and its role in preserving the environment.

Admission: €5 for children aged 13 and over, €1 for children aged 5 to 12, free for children under 5.



 *Quai de Cambarell, 29840 Lanildut - 32 minutes by car*

- The Museum of the memory of 39-45

This museum plunges you into the key events of the Second World War, with a particular focus on local stories and objects bearing witness to daily life during the war. The museum houses an impressive collection of objects, photos and documents from the period that will give you a better understanding of the historical context of Le Conquet and the surrounding area during the years 1939-1945. You'll discover poignant eyewitness accounts, exhibitions on resistance fighters, soldiers and the life of local residents during the occupation, as well as authentic reconstructions.



 *Le Prédic - Route de la Pointe Saint- Mathieu - 10 minutes by car*